



PHYSICAL EDUCATION

YEAR 7

Students are Physically Educated via a wide variety of activities including invasion games, nets and rackets games, gymnastic activities, dance, athletic activities fitness and some Outdoor and Adventurous activities. Most activities last for 4-5 weeks or typically 8-10 lessons.

YEAR 8

Students continue to develop in Physical Education by revisiting some activities from Year 7 including invasion games, nets and rackets games, gymnastic activities, dance, athletic activities fitness and some Outdoor and Adventurous activities. Most activities last for 4-5 weeks or typically 8-10 lessons.

YEAR 9

The teacher is given greater freedom to develop a programme specific to the group. Students have the opportunity to experience activities over a longer period typically 6 weeks or up to 12 lessons. This provides learners with the chance to develop their knowledge, skills and understanding further with the teacher planning appropriate physical activity to meet the needs of the group.

YEAR 10

[GCSE PE](#) – Following their two year programme of study to gain the qualification
[BTEC SPORT LEVEL 2](#) – Following their two year programme of study to gain the award
CORE PE: Advancement of their skills in terms of thinking, doing, social and emotional through activity pathways that remain broad for this year.

YEAR 11

[GCSE PE](#) – Following their two year programme of study to gain the qualification
[BTEC SPORT LEVEL 2](#) – Following their two year programme of study to gain the award
CORE PE: Advancement of their skills in terms of thinking, doing, social and emotional through activity pathways that remain broad for this year.

YEAR 12 & 13

[BTEC SPORT LEVEL 3](#) – Following their two year programme of study to gain the award

RESOURCES FOR CORE PE

[PE With Joe](#)
[Darebee Home Workouts](#)
[Fitness Blender](#)

RESOURCES FOR KS4 & KS5 QUALIFICATIONS

[The Everlearner](#)
[GCSE PE Revision](#)
[Hodder Dynamic Learning](#)
[Kerboodle](#)
[Pearson ActiveLearn](#)

