



Dyslexia Midlands

Family Support Network

is putting on four low-cost talks to help
parents maximise their child's exam success



1st March: Help Your Child Beat Exam Stress

The wonderfully warm and practical psychologist Dr Helen Andrews
(based in Henley) offers you strategies to really help.

8th March: Easy Ways to Boost Memory & Reduce Anxiety

Be guided through the science by extremely knowledgeable and experienced
medical herbalist Lizzie Foulon (based in Knowle).

15th March: Effective Revision

This fun, practical talk by dyslexia assessor and tutor Holly Swinton (based in
Kenilworth) combines what a century of research has taught us, with how this can be
tweaked for different children's neural wiring.

29th March: Exam Access Arrangements Explained



Sundays 10-12 at Kenilworth Centre

Suitable for parents/carers/teachers of children
of all ages, abilities, additional needs or none.

Book your seat at www.dyslexiamidlands.com

(or e-mail hollyswinton@hotmail.co.uk for a free place if your child has free school meals)

Join the mailing list at

www.dyslexiamidlands.com

to find out first about upcoming talks on
handwriting, visual stress, sensory
processing, ADHD, autism and more...

